

Office of Experiential Education and Learning
& First-Year Experience

ExEL Approved Co-Curricular Opportunities

2025-2026

NOVA SOUTHEASTERN
UNIVERSITY

NSU
Florida

ExEL Approved Co-Curricular Opportunities

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Approved Leadership Roles

Description of Co-Curricular Opportunity

Several leadership positions at NSU have been identified as Approved Leadership Positions.

Students successfully completing these roles are eligible to receive ExEL Unit(s). Approved Leadership Positions: Resident Assistant, Shark Preview Leader, Orientation Coordinator, Orientation Leader, Student Events and Activity Board, Inter- Organizational Council, Fraternity and Sorority Council Executive Board, Undergraduate Student Government Association Executive Board, Global Mosaic Council, Student Alumni Association Executive Board, Residence Hall Association Executive Board and Admissions Ambassador.

ExEL Pillar: Undergraduate Leadership

Contact: Daren Caprichio, dc1014@nova.edu, 954-262-7294

Website

[ExEL Leadership Development](#)

Important Dates: None

Steps Students Take/ Requirements

Students must participate fully in their approved roles, receive a satisfactory evaluation, and complete the full terms of their position description of their appointment.

All students must receive approval to receive the ExEL Leadership Pillar for Approved Leadership Roles from their supervisor(s) or advisor(s).

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Two (2) ExEL units (80+ experiential hours)

Avian Ecology

Description of Co-Curricular Opportunity

This student experience will occur in the Fisheries and Avian Ecology Laboratory at the Oceanographic Center campus under the direction of NSU Professor Dr. David Kerstetter. Students taking this ExEL opportunity will all engage in basic lab experiences, including specimen dissections, sample preparation and labeling, water quality monitoring, data entry, and database management. Basic statistical analyses of data (e.g., means and standard deviations) will also be expected from the data the students are collecting themselves.

Students will be able to assist in several ongoing projects regarding avian endoparasite and ectoparasite community descriptions: tasks include specimen preparation, dissections of whole birds, and removal/identification of parasites.

ExEL Pillar

Undergraduate Research

Contact

Dr. David Kerstetter, kerstett@nova.edu, 954-262-3664

Website

[Fisheries & Avian Ecology Laboratory](#)

Important Dates

None

Steps Student Take/ Requirements

Interested students should contact Dr. Kerstetter directly, preferably by email, and plan to come to the lab for application and orientation. BIOL or MBIO majors, or prior approval from Dr. Kerstetter.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Case Competitions

Description of Co-Curricular Opportunity

Case Competitions are a great avenue for exposure to research, healthcare, public health, and/or marine/environmental science trends.

Students are presented with a fictitious pre-health or marine/environmental science industry-related problem or scenario. Participants are asked to identify how they would solve a health-related scenario and present their solution to a panel of judges (faculty), who evaluate the analysis and the effectiveness of their research and presentation.

Three to Five case competitions are offered each academic year focusing on various focus areas including: Biology & scientific research, Marine/Environmental Science, Neuroscience, Psychology, and Public Health. Students may participate individually or in teams of up to five (5) students.

ExEL Pillar

Professional Growth

Contact

Emilio Lorenzo, el541@nova.edu, 954-262-7207

Websites

[NSU Case Competitions](#)

Important Dates

Visit website for upcoming opportunities.

Steps Students Take/ Requirements

Attend or watch recordings for Case Competition Orientation/Information Meeting (info available on website noted above regarding current cases and Orientation/Information Meetings).

No minimum qualifications if the student fulfills all requirements of the case competition process.

Number of ExEL Units

One (1) ExEL units (40-79 experiential hours)

Civic Engagement Scorecard

Description of Co-Curricular Opportunity

The Civic Action Scorecard was initially created by Miami Dade College's Institute for Civic Engagement & Democracy and has been adapted for Nova Southeastern University to challenge students to increase and vary the ways they are civically engaged.

The Scorecard is a tool to guide students through diverse action items to grow and strengthen their vital participation in the civic life of our community. Such action items include knowing your elected officials, reducing your carbon footprint, attending a local government meeting, donating blood, and visiting museums. Students can choose from any of the items listed or create their own civic action as they navigate their civic identity.

ExEL Pillar

Community Engagement

Contact

Center for Student Leadership and Global Engagement (SLGE), slce@nova.edu, 954-262-7195

Website

[ExEL Community Engagement](#)

Important Dates

An interest form and a meeting with an SLGE representative must be completed before beginning civic engagement activities. Activities and requirements must be completed within 1 academic year.

Steps Students Take/ Requirements

Complete the [ExEL Community Engagement Unit Interest Form- Civic Engagement Scorecard](#) on SharkHub. Students are then contacted by a SLGE representative to meet and review their intended experience and program requirements.

Students must meet with a SLCE representative PRIOR to start their civic engagement activities.

Number of ExEL Units

One (1) ExEL unit. Must complete 80 points on the Scorecard.

Clinical Exploration Program

Description of Co-Curricular Experience

The Clinic Exploration Program (CEP), housed within the Halmos College of Arts and Sciences, Department of Biology, offers students the opportunity to shadow medical professionals on the job in many of NSU's medical and health clinics. The CEP Program offers rotations to qualified applicants for shadowing opportunities at the Cleveland Clinic Weston. Participants gain a broad perspective that shows how various medical fields work together, and a practical, up-close review of several medical career options.

All undergraduate students may take part in CEP, no matter what major they pursue, as long as posted requirements are met. Each rotation lasts two hours per week, for three weeks. Because this is a volunteer program, member commitments are considered a voluntary, non-credited activity.

ExEL Pillar

Professional Growth

Contact

Marci Bulterman, mbulterman@nova.edu, 954-262-8409

Website

[Student Opportunities – Halmos College of Arts and Sciences](#)

Important Dates

Applications are rolling, but students will be accepted into the program once at the beginning of the Fall term and once at the beginning of the Winter term.

Steps Students Take/ Requirements

Students need to complete the digital CEP form: <https://forms.office.com/r/5KiGZhWL5u>

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Community CARE Coaches

Description of Co-Curricular Opportunity

Community CARE Coaches (CCCs) are a group of students who serve as an early intervention measure for the NSU Student CARE Team. CCCs are equipped with the basic knowledge and skills needed to confidently address and positively impact students' overall well-being by encouraging students to utilize the various student support resources on campus.

As part of the NSU Student CARE Team, CCCs gain educational experience in supporting mental health awareness, and learn to recognize the signs and symptoms of mental health challenges. They also provide reassurance to students who may be experiencing a mental health challenge. CCCs provide support by identifying and referring students to appropriate professional support and services available to them.

Additionally, CCCs develop coaching skills to encourage and support students with establishing a self-care plan. They also facilitate healthy lifestyle events and work collaboratively with the Office of Student Development, the Office of Student Disability Services, and the NSU Center for Student Counseling & Well-Being.

ExEL Pillar

Undergraduate Leadership

Contact

Rodney Dorval, rd1139@nova.edu, 954-262-7607

Website

[Community Care Coaches](#)

Important Dates

Applications open in the Winter term.

Steps Student Take/ Requirements

Complete the interest form that opens in the Winter term or by email Rodney. Complete the application and a brief interview.

Students must be in good academic standing with a cumulative GPA of 2.75 or higher, commit to a minimum of two semesters (four semesters preferred), be interested in creating a community of care for a diverse community, and model desired behaviors for peers.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Deliver the Dream on Camp Boggy Creek

Description of Co-Curricular Opportunity

Students participating in Deliver the Dream on Camp Boggy Creek will spend a weekend at a family-oriented retreat. Each retreat focuses on a different theme (illness, hardship). For example, they have weekends centered around autism, epilepsy, death of a loved one, to list a few. Students will be assigned to a family for the weekend, and it is their responsibility to help the family with whatever their needs are. Retreats are focused on helping the family learn various coping mechanisms, communication, and give them a structured way of addressing difficult topics such as family dynamics, expectations, letdowns, and stresses.

Students are present at each stage of the day. Each family is different, and so are their needs. They may be assigned to a family that has young children, or to one that is mostly teenagers.

The student will be provided with background information on the illness/hardship. For example, if the weekend is focused on epilepsy, students will learn about what that is, how it can manifest, the issues families face, and so on.

The retreat is also supposed to be fun! It is designed as a camp experience where there are campfire activities, tie dye, canoeing, fishing, hayride, and more.

ExEL Pillar

Community Engagement

Contact

Dr. Kristi Messer, km1320@nova.edu, 954-262-1072

Website

[Deliver the Dream](#); [FREE Life-Changing Orlando Medical Camp For Children With Serious Medical Illnesses](#)

Important Dates

Application deadline varies.

Steps Students Take/ Requirements

Email Dr. Messer to set up an orientation, complete the Deliver the Dream or Camp Boggy Creek application, and attend the required orientation. Volunteers may be required to undergo a Criminal Record Check and adhere to required vaccinations.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Digressions Literary and Art Journal

Description of Co-Curricular Opportunity

Digressions Literary & Art Journal is an open space for NSU students to imagine, create, and inspire as they share their creative expressions. *Digressions* is furthermore a place where students can share their experiences and ideas with fellow readers through art, poetry, photography, sound, and fiction. All works included in the journal are student-generated and student-selected and are reflective of this moment in time.

This experience provides students with an opportunity to participate in the publication process and acquire editing and publishing skills.

ExEL Pillar

Professional Growth

Contact

Dr. Janine Morris, jmorris2@nova.edu

Website

<https://nsuworks.nova.edu/digressions/>

Important Dates

Contact Dr. Morris for more information.

Steps Students Take/ Requirements

This opportunity is open to all NSU undergraduate students.

Email Dr. Morris for more information.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Two (2) ExEL units (80+ experiential hours)

Dual Admissions Ambassador

Description of Co-Curricular Opportunity

The Dual Admission Ambassador Program is a student leadership opportunity intended to enhance the Dual Admission student experience. Ambassadors serve as members of a Dual Admission Student Advisory council and gain leadership and networking opportunities.

Each Dual Admission Ambassador serves as a representative for their unique Dual program. Ambassadors are given the opportunity to host events for the current student body, speak to prospective students from across the country, and represent the Dual Program to our graduate partners.

ExEL Pillar

Undergraduate Leadership

Contact

Mallely Rodriguez, mallely.rodriguez@nova.edu, 954-262-7146

Website

[Dual Admission Ambassador Program](#)

Important Dates

Students must apply at the start of the Fall semester, with the application typically closing on September 1 each year. The application is shared with all Dual Admission students on the first day of the Fall semester. The position is for the entire academic year, Fall and Winter (if the Ambassador remains in good standing).

Steps Students Take/ Requirements

Students must apply through the application form emailed to all Dual Admission students in August, on the first day of the Fall term. Applicants will be reviewed and then invited to an interview. If selected, additional information regarding the position for the academic year and steps to earn the ExEL unit are provided. Requirements include:

- Applicants must be a Dual Admission student in good standing.
- Applicants must be able to demonstrate a good understanding of all the Dual Admissions programs.
- Applicants must be able to lead a group.
- Students must be able to attend all required meetings and opportunities.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

First-Year Experience (FYE) Peer Leader

Description of Co-Curricular Opportunity

Peer Leaders inspire and mentor freshman students at NSU as part of the UNIV 1000 (First-Year Experience) course. You can build relationships with freshman, guide them throughout their first semester, and promote campus engagement in student clubs and organizations.

Throughout the semester, Peer Leaders will co-facilitate valuable, thought-provoking activities and discussions alongside their assigned instructors. By the end of the experience, Peer Leaders will walk away with improved public speaking, communication, leadership, reflection skills, and more.

ExEL Pillar

Undergraduate Leadership

Contact

Wanda Martinez, wmartinez@nova.edu, 954-262-5382

Website

[First-Year Experience Peer Leader](#)

Important Dates

Applications open in January.

Steps Students Take/ Requirements

Apply to the Peer Leader position through JobX. Application announcements will be provided. Complete all program requirements throughout the semester serving as a Peer Leader.

Applicants must have successfully completed UNIV 1000.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

IN-SIGHT Student Think Tank

Description of Co-Curricular Opportunity

IN-SIGHT is a think tank wherein students, under the guidance of a faculty mentor, partner with a business or community organization to offer humanities- based solutions to real world problems. Students in the IN-SIGHT think tank program gain work experience benefiting post-baccalaureate pursuits in multiple industries or graduate school and can create positive impacts on today's political, social, environmental, and cultural life.

ExEL Pillar

Community Engagement

Contact

Dr. Marlisa Santos, santosm@nova.edu, 954-262-8213

Website

[Center for Applied Humanities – Halmos College of Arts and Sciences](#)

Important Dates

This is a two-semester experience spanning fall and winter semesters in a single academic year. See the website or contact Dr. Santos for specific deadline dates.

Steps Students Take/ Requirements

Email Dr. Santos for application requirements.

Students must be majoring or minoring in one of the humanities fields (English, history, international studies, philosophy, political science, legal studies) and have a 3.5 or higher GPA; preference will be given to junior/seniors (60+ credits).

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Internship

Description of Co-Curricular Opportunity

An internship is a form of experiential learning that integrates knowledge and theory learned in the classroom with practical application and skills development in a professional setting. Through an internship experience you will gain valuable skills, make connections in your field, and receive mentorship and guidance from professionals in the workplace.

ExEL Pillar

Professional Growth

Contact

Center for Academic and Professional Success (CAPS) at 954-262-7990.

Website

[Internships and Shadowing](#)

Important Dates

Students should contact their CAPS Career and Academic Success Coach at least two weeks before they intend to begin an internship to start the review and approval process.

Steps Students Take/ Requirements

Students should contact their CAPS Career and Academic Success Coach about internship opportunities.

Students must complete at least 12 credit hours at NSU and be in good academic standing to complete an internship for ExEL units.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

KPCOM Junior Academies Societies

Description of Co-Curricular Opportunity

The KPCOM Junior Academic Societies enhance interaction and create a sense of shared community through inclusive engagement between KPCOM students and faculty.

ExEL Pillar

Professional Growth

Contact

Dr. Kristi Messer, km1320@nova.edu, 954-262-1072

Important Dates

Opportunity is a full academic year.

Steps Students Take/ Requirements

Participate as a student leader in one of the many roles, per society. Engage in community and on-campus events and network with students and faculty within KPCOM.

Students must major in one of the KPCOM programs, e.g., Nutrition, Health Informatics, Public Health or Health and Wellness Coaching.

Number of ExEL Units

- One (1) ExEL Unit (40-79 experiential hours)
- Two (2) ExEL Units (80+ experiential hours)

Marine Fisheries Research

Description of Co-Curricular Opportunity

This student experience will occur in the Fisheries and Avian Ecology Laboratory at the Oceanographic Center campus under the direction of NSU Professor Dr. David Kerstetter. Students taking this ExEL opportunity will all engage in basic lab experiences, including specimen dissections, sample preparation and labeling, water quality monitoring, data entry, and database management. Basic statistical analyses of data (e.g., means and standard deviations) will also be expected from the data the students are collecting themselves.

Students will be able to choose between the following three ongoing project areas: (1) fish respiratory physiology: tasks include water quality monitoring and fish feeding/maintenance; (2) fish stomach content analysis: tasks include preparation of frozen stomachs and examination/identification of prey items; and (3) fish endoparasite community descriptions: tasks include specimen collection/preparation, dissections of whole fishes, and removal/identification of parasites.

ExEL Pillar

Undergraduate Research

Contact

Dr. David Kerstetter, kerstett@nova.edu, 954-262-3664

Website

[Fisheries & Avian Ecology Laboratory](#)

Important Dates

None

Steps Students Take/ Requirements

Interested students should contact Dr. Kerstetter directly, preferably by email, and plan to come to the lab for an application and orientation. BIOL or MBIO majors, or prior approval from Dr. Kerstetter.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Medi Futures NSU – Virtual Shadowing

Description of Co-Curricular Opportunity

Medi Futures NSU virtual shadowing program consists of 40+ presentations each semester from a wide array of healthcare professionals (physicians, physician assistants, nurse practitioners, nurses, dentists, pharmacists, physical, occupational, and speech therapists, social workers, etc.).

All sessions are recorded & students must take short content quizzes at the end of each week. The Medi-Futures team believes that all Pre-Health students deserve an opportunity to learn more about a career of interest, obtain guidance on how to effectively pursue a career, develop a relationship with a trusted mentor, and receive the many other potential benefits of shadowing.

For undecided students, rapid exposure to a broad range of careers can help to narrow down options to a few careers of interest. For students with defined career goals, exposure to the full breadth of healthcare professions provides an appreciation for the complexities of healthcare and how many professions play a role in providing excellent care to patients.

ExEL Pillar

Professional Growth

Contact

Emilio Lorenzo, el541@nova.edu, 954-262-7207

Website

[Medi Futures NSU](#)

Important Dates

Contact the office or visit the website for more information.

Steps Students Take/ Requirements

Interested students must sign up for a Medi Futures NSU course and accept the NSU Canvas course invitation. Students must attend live or view recorded presentations and complete all weekly content quizzes.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

Mock Trial

Description of Co-Curricular Opportunity

The College of Arts and Sciences sponsors the NSU Undergraduate Mock Trial Team. Members may be NSU undergraduate students from any major. The only requirement is that students must take LGST 2800 Mock Trial and pass the course to officially join the team.

The American Mock Trial Association (AMTA) is the governing body for collegiate mock trial competitions. The AMTA creates fictitious court case scenarios for undergraduate mock trial teams across the country to study, prepare, and perform in a simulated courtroom setting. The association hosts annual mock trial tournaments in which these teams compete. Up to 10 members of the NSU team can participate in the simulation of the courtroom trial, with members serving as lawyers or witnesses in each round of competition.

Student participation on the team can enhance critical thinking, effective communication, and professional development. This experience can help prepare students for law school and the professional practice of law.

ExEL Pillar

Professional Growth

Contact

Dr. Nelson Bass, nbass@nova.edu, 954-262-8099

Website

[Mock Trial Team](#)

Important Dates

Contact Dr. Bass for more information.

Steps Students Take/ Requirements

Contact Dr. Bass by early September.

Pass LGST 2800 Mock Trial (offered every Fall semester).

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Model UN

Description of Co-Curricular Opportunity

Model United Nations involves students acting as delegates of one of the 193 member states of the UN.

The Halmos College of Arts and Sciences sponsors the Nova International Relations Association (NIRA) which serves as NSU's Model United Nations team. Members may be NSU undergraduate students from any major. The only requirement is that students must take POLS 2400 Model United Nations and pass the course to officially join the team.

Students compete at various conferences including the Florida Model United Nations Conference and the Southern Regional Model United Nations Conference. The team has also competed at the Harvard Model UN Conference and traveled internationally to Montreal.

At conferences students work collaboratively to try and solve pressing world issues through negotiation and compromise. In preparation for conferences, students do exhaustive research on their country and the issues and write position papers submitted for a score. Once at the conference, students must utilize their public speaking and diplomacy skills to try and find consensus.

Participating in the program thus works on critical thinking, research, writing, and public speaking skills.

ExEL Pillar

Professional Growth

Contact

Dr. Nelson Bass, nbass@nova.edu, 954-262-8099

Website

[Department of Humanities and Politics – Halmos College of Arts and Sciences](#)

Important Dates

Contact Dr. Bass for more information.

Step Students Take/ Requirements

Pass POLS 2400 Model UN (offered every Fall semester).

Number of ExEL Units

Two (2) ExEL Units (80+ experiential hours)

Neuroscience Summer Training Program

Description of Co-Curricular Opportunity

This training program is an experiential learning focused program that aims to immerse students in cutting edge research opportunities, enhanced curriculum, and peer mentoring opportunities. Our program includes a mentoring component where NSU Neuroscience students serve as mentors to students in various Broward County high schools.

NSU students will experience two weeks working with high school students. This approach has been previously shown to be an effective method of educational enhancement. This allows high school mentees as well as more advanced NSU undergraduate students to mentors to engage in science in a way that can be applied to their future training and careers: one where more advanced scientists train newer investigators. In this type of vibrant relationship, both student mentees and mentors can grow collaborative and communication skills that are paramount to science.

After receiving exposure to multiple techniques and research possibilities (some led by NSU students), students will be partnered with an NSU student to conduct an independent research project. This mechanism will allow for the same positive outcomes as traditional research (i.e., discovery-based approach, hypothesis driven, professional presentation at conferences, peer-reviewed published articles), but with the added benefit of the ability to give the NSU students firsthand experience mentoring younger burgeoning scientists.

ExEL Pillar

Community Engagement

Contact

Dr. James Munoz, jm2701@nova.edu, 954-262-8070

Website

[Neuroscience Summer Training Program](#)

Important Dates

Summer, dates change each year.

Steps Students Take/ Requirements

Email Dr. Munoz for more information. Students must take NEUR 2500 or a similar class.

Number of ExEL Units

One (1) ExEL units (40-79 experiential hours)

NSU Mako Media Network

Description of Co-Curricular Opportunity

Students will gain knowledge regarding a particular media platform/channel and how to apply industry-specific solutions. Students will analyze complex information and synthesize information for problem-solving, ultimately producing diverse media products for one or more of NSU's media channels (newspaper, television, and radio). Students gain experience with journalistic elements, such as writing, interviewing, reporting, copywriting, editing, design, and delivery.

ExEL Pillar

Professional Growth

Contacts

- Chris Delboni, cdelboni@nova.edu, 954-262-7324
- Dr. Juliette Kitchens, jkitchens@nova.edu, 954-262-8189

Website

[Mako Media](#)

Important Dates

Students should attend their outlet's corresponding weekly news meetings.

Steps Students Take/ Requirements

Contact the Director of Mako Media Network, Chris Delboni. Students must maintain good academic standing and work ethics.

Number of ExEL Units

Two (2) ExEL Units (80+ experiential hours)

Peer Tutor

Description of Co-Curricular Opportunity

A Peer Tutor's primary purpose is to assist fellow students with understanding course material in a meaningful and accessible way. Tutors gain experience by working with both the subject material (i.e., Chemistry, Mathematics, Biology) and practicing their ability to relay that information. Refining the skill of disseminating their own knowledge to others is the focal point of all tutoring work and experience.

Another key aspect that is often overlooked is the interaction tutors have with each other. As tutors who are expected to have a wide breadth of knowledge on many subjects, they often refer to each other's expertise and clarification if a difficult problem is presented to them in a session. The mentorship that begins on hiring continues well throughout their individual tenures.

ExEL Pillar

Undergraduate Leadership

Contact

Eric Gommermann, egommerm@nova.edu

Website

[Tutoring Services](#)

Important Dates

Peer Tutors are normally hired at the end of the semester prior to their start date. Tutoring vacancies are open any time, and positions will be filled as needed.

Steps Students Take/ Requirements

When a vacancy opens for a specific subject area, tutors may come to our office via faculty referral. Positions are also posted on JobX, and the Tutoring and Testing Center website and students may apply without referral.

After an application is received, students' records are reviewed to ensure they meet minimum criteria for hire. Should they pass this step, they are invited to the office for an interview. Tutors are hired based on interviews, schedule availability, and courses taken.

Students must maintain a cumulative GPA of 3.4 or higher and receive a grade of B+ or higher in any course to be tutored.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Pre-Health Immersion Labs

Description of Co-Curricular Opportunity

The Center for Academic & Professional Success (CAPS) at NSU collaborates with NSU Graduate programs and other knowledge experts to host Pre-Health focused Immersion Labs.

Pre-Health Immersion Labs consists of realistic looking healthcare situations with equipment and/or patient actors/graduate students, which allows learners to practice and develop clinical expertise without any risk of harm led by knowledge experts.

Immersion Labs provide firsthand experience in the healthcare field through simulated experiences. The goal is for students to learn more about a certain career by testing it through direct firsthand experiences. For students who already know this is the industry or career choice for them, it is a great resume builder to showcase direct experience and skills needed in that career path for graduate school.

Pre-Health Immersion Labs provides NSU students with a competitive advantage in their path for success.

ExEL Pillar

Professional Growth

Contact

Emilio Lorenzo, el541@nova.edu, 954-262-7207

Website

[NSU Pre-Health Immersion Labs](#)

Important Dates

Contact the office or visit the website for more information.

Steps Students Take/ Requirements

Students watch the Immersion Lab Orientation, attend and participate in Four (4) in-person Pre-Health Immersion Labs, and complete a reflection quiz.

Number of ExEL Units

One (1) ExEL unit (40-79 experiential hours)

PsychLink: Exploring Clinical Careers

Description of Co-Curricular Opportunity

PsychLink: Exploring Clinical Careers is a structured, semester-based undergraduate initiative designed to provide early, meaningful exposure to clinical psychology, school psychology, and counseling professions. The program will connect undergraduates with graduate students and faculty through **clinical shadowing, observation opportunities, and interactive simulation events**, enhancing career clarity and fostering interest in advanced clinical training.

ExEL Pillar

Professional Growth

Contact

Emilio Lorenzo, el541@nova.edu, 954-262-7207

Website

<https://forms.cloud.microsoft/r/VHGnEFWc0K>

Important Dates/Requirements

Contact the office for more information.

Number of ExEL Units

- One (1) ExEL unit (40-79 experiential hours)

Sharks and Service (SAS) Site Leader

Description of Co-Curricular Opportunity

Sharks and Service (SAS) is NSU's Alternative Break Program which engages students in experiential learning through local, national, and international community service trips during their academic breaks. The service projects students participate in addressing issues such as poverty, homelessness, hunger, education, the environment, and more.

As a Site Leader, students will be responsible for planning, promoting, executing, and evaluating their SAS trip. Responsibilities therefore include communicating with community partners, recruiting participants, hosting pre-trip meetings, developing education materials, guiding students through service projects, and facilitating reflection. This is a year-long commitment.

ExEL Pillar

Undergraduate Leadership

Contact

Center for Student Leadership and Global Engagement, slce@nova.edu, 954-262-7195

Website

[Student Leadership and Global Engagement](#)

Important Dates

The SAS site leader application opens in the Winter semester. Site leaders begin responsibilities in the following academic year.

Steps Students Take/ Requirements

Students apply and are offered a position as a SAS site leader through the annual selection process. Students are typically required to have attended a SAS trip to be selected as a site leader.

Successful completion of the student's leadership role (SAS Site Leader) responsibilities, ongoing evaluation, impactful pre-trip education facilitation, well planned and facilitated trip, and overall successful performance as observed and evaluated by the Assistant Director of SLGE.

Number of ExEL Units

Two (2) ExEL Units (80+ experiential units)

Study Abroad

Description of Co-Curricular Opportunity

NSU's extensive, field-based, education abroad opportunities offer an unparalleled exposure to the real world, all over the world. Education abroad can mean living in Paris for a year while studying French or art history. It might mean living aboard a ship in the Semester at Sea Program. It could even be shadowing spinal surgery in an Italian hospital. Or it could mean participating in a virtual study abroad experience from the comfort of your own home.

Students have a great variety of programs to choose from, as well as opportunities to discover programs offered by other institutions and organizations in 150 countries. Such trips offer a broad range of international, academic, and cultural activities. The programs offered can be for a semester, for the summer, for just 1 or 2 weeks, or even for an entire year.

ExEL Pillar

Global Engagement

Contact

Daren Capirchio dc1014@nova.edu, 954-262-7195

Website

[Sharks Abroad](#)

Important Dates

March 1 for Summer, Fall, and academic year programs; October 1 for Winter programs

Steps Student Take/ Requirements

Interested students must attend an information session hosted by the Center for Student Leadership and Global Engagement, Sharks Abroad Office. Sharks Abroad will assist students in identifying programs, determining transfer credit, financial aid options, and all pre-departure and re-entry requirements.

Admissibility is determined by the study abroad provider or foreign institution. Students must receive conduct approval from the Office Student Conduct, approval from Premier Program Director (if applicable), and a recommendation from their academic advisor.

Number of ExEL Units

- One (1) ExEL unit (40-79 experiential hours)
- Two (2) ExEL units (80+ experiential hours)

Supplemental Instruction (SI)

Description of Co-Curricular Opportunity

SI Leaders will be able to 1) understand the core principles and philosophical underpinnings of supplemental instruction; 2) ascertain core requirements, attend lecture and develop a productive relationship with the assigned faculty member; 3) Identify difficult content and plan SI sessions that incorporate a variety of learning strategies and student engagement; and 4) Reflect on their growth as an SI leader via observations from SI supervisory staff, Senior SI leaders and Peer SI leaders.

Courses supported by supplemental instruction are determined based on course enrollment, faculty request, the discretion of the SI Administrative Team, and funding.

ExEL Pillar

Undergraduate Leadership

Contact

Melissa Montagna, melissa.montagna@nova.edu

Website

[Supplemental Instruction](#)

Important Dates

Deadlines vary by semester. SI Leaders are normally hired in the semester prior to their start date.

Steps Students Take/ Requirements

Students are selected to serve as an SI Leader through faculty nomination or by self-selection in the application process. Students are selected to serve as an SI Leader through faculty nomination or by self-selection in the application process.

Prospective leaders are required to complete an application form and attend an interview. Additionally, SI leaders must maintain a cumulative GPA of 3.0 or higher and receive a grade of B+ or higher in the selected course.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Tidal IX Ambassador Program

Description of Co-Curricular Opportunity

The NSU TIDAL IX Ambassador Program provides the bold, driven, and creative undergraduate and graduate students with the knowledge and practical skills to design and deliver educational workshop and programs to various campus audiences aimed at raising awareness and teaching strategies related to the prevention of sexual harassment, sexual assault, intimate partner violence, stalking and other forms of sexual misconduct.

ExEL Pillar

Undergraduate Leadership

Contact

Sam Giordano, samantha.giordano@nova.edu, 954-262-7805

Website

[Title IX Peer Educator](#)

Important Dates

Contact the Title IX Office for more information.

Steps Students Take/ Requirements

Students should review the program requirements and expectations before applying.

Once selected, students engage in monthly development meetings, conduct research, design and facilitate at least one engaging prevention workshop per month, and regularly assess the content and delivery of prevention workshops designed and implemented by teammates.

Students must be currently enrolled at NSU and be in good standing with a minimum cumulative GPA of 2.75. Contact the program for additional information.

Number of ExEL Units

Two (2) ExEL units (80+ experiential hours)

Undergraduate Student Symposium

Description of Co-Curricular Opportunity

NSU's Undergraduate Student Symposium, hosted by the Farquhar Honors College, showcases the outstanding scholarship of NSU undergraduate students through student poster displays, oral presentations, performances, and film presentations. For 20 years, this annual event has encouraged students to test their own hypotheses and uncover new ways of interpreting the world around them.

Many of the projects featured at the symposium lead to further research, publication, or presentation at national conferences. Participating students develop mentoring relationships with faculty and experience firsthand the process and rewards of research and discovery.

ExEL Pillar

Undergraduate Research

Contact

Ashley Andersen, Academic Program Manager, aa2908@nova.edu, 954-262-8160

Website

[Undergraduate Student Symposium](#)

Important Dates

Students are selected based on application to participate in the USS. The submission deadline is mid-January.

Students who wish to submit the below requirements for credit, must express interest no later than two weeks before the USS.

The USS typically takes place during the first week of April.

All materials must be submitted no later than one week after the USS to qualify for credit.

Steps Students Take/ Requirements

Interested students must develop a project with faculty supervision and express interest in earning this unit no later than two weeks prior to the USS by emailing USS@nova.edu.

Contact the individual above for information on additional requirements.

Number of ExEL Units

One (1) ExEL units (40-79 experiential hours)

Volunteering (Ongoing Service with a Community Partner)

Description of Co-Curricular Opportunity

The Ongoing Community Engagement with Community Partner program allows students to research a social issue and self-select a community partner to volunteer with.

Upon researching a particular focus and social issue, students will meet with a Center for Student Leadership and Global Engagement (SLGE) representative to review ExEL program requirements.

Students that participate in the program will volunteer with their community partner for at least 40 hours, will reflect on their experience, and will create a portfolio of their work.

ExEL Pillar

Community Engagement

Contact

Center for Student Leadership and Global Engagement, slce@nova.edu, 954-262-7195

Website

[ExEL Community Engagement](#)

Important Dates

Students must complete the interest form and meet with a SLGE representative prior to beginning the service experience.

Steps Students Take/ Requirements

Complete the [ExEL Community Engagement Unit Interest Form](#) on SharkHub and meet with a SLGE representative.

Number of ExEL Units

- One (1) ExEL unit (40-79 experiential hours)
- Two (2) ExEL units (80+ experiential hours)

Writing and Communication Center (WCC)

Peer Consultant/ Writing Fellow

Description of Co-Curricular Opportunity

Qualified undergraduate and graduate students serve as fellows who attend specific writing classes, meet with individual students to assist them with their writing, and discuss goals and student progress with faculty members.

ExEL Pillar

Professional Growth

Contact

Dr. Kevin Dvorak, kdvorak@nova.edu, 954-262-4644

Website

[Writing and Communication Center](#)

Important Dates

None

Steps Students Take/ Requirements

Apply for WCC Peer Consultant position in JobX or contact the WCC directly to inquire about available opportunities.

Students must obtain a position at the WCC and submit final reflections before finals week.

Number of ExEL Units

- One (1) ExEL unit (40-79 experiential hours)
- Two (2) ExEL units (80+ experiential hours)